ORGANIC RICE PROTEIN

Certified Organic · Certified Kosher



Available In:

- Plain 21.16 oz. (Item # 3000) & 3 lb. (Item # 3001)
- Vanilla 21.16 oz. (Item # 3005) & 3 lb. (Item # 3006)
- Chocolate 22.93 oz. (Item # 3010)

*Certified organic by CCOF: California Certified Organic Farmers



Certified USDA Organic* • Certified Kosher • Vegan 80% Protein Content • Gluten & GMO Free •

NutriBiotic® Organic Rice Protein is an excellent source of high quality, vegan protein powder provides an extensive array of naturally occurring amino acids, the building blocks of protein.

Boost your nutrition and energy with these wholesome, protein formulas!

NutriBiotic Organic Rice Protein is produced by means of a unique enzyme process. A proprietary blend of plant enzymes is used to separate the fiber and carbohydrates from the protein portion of the organic, whole grain, brown rice. Our Organic Rice Protein is made without artificial flavors, artificial sweeteners, artificial colors, chemicals, pesticides, herbicides, PCBs, MSG, preservatives, milk, eggs, soy, yeast, wheat, corn, and nuts.





nutribiotic.com | 800.225.4345

USDA Organic | Gluten & GMO Free | Chemical-Free Processing | Vegan

The Chocolate flavor contains 69% protein content

[‡] We do not use ingredients that were produced using biotechnology

ORGANIC RICE PROTEIN Q&As

NutriBiotic Organic Rice Protein is an excellent source of vegan protein. Most people are familiar with soy and whey protein, and while they each provide sound nutrition, rice protein offers additional benefits. Whey protein comes from milk, and some people either cannot or do not wish to use animal-based protein. Soy protein often is difficult for people to digest and may pose allergy risks. Our Rice Protein offers an alternative to soy without the animal products of whey. And, Rice Protein is utilized more efficiently by the body than soy. It has a mild flavor similar to that of Cream of Rice cereal and may be used in beverages, sprinkled on cereals and yogurt, and added to cooked dishes to boost the protein content without adding a lot of fat or calories.

Rice is a carbohydrate. How do you get protein from it? - All foods contain amino acids, which are the building blocks of what we collectively call protein. For instance, broccoli contains protein, as do all fruits and vegetables and grain products. We use a unique process that allows us to isolate the protein from the carbohydrate portion of the rice. The end result is an extensive amino acid profile that includes 19 amino acids including all 9 essential amino acids.

Is the rice protein chemically derived? I'm chemically intolerant and have to avoid food additives. - Our Rice Protein is not chemically processed. We use plant enzymes to break down and digest the carbohydrate portion of the rice, leaving behind the protein. Our method of extraction leaves a very pure protein, free of additives or chemicals that can cause sensitivities.

I noticed your Nutrition Facts include carbohydrates. What form are the carbohydrates in, and why are they there if I am buying rice protein? - The carbohydrate in the Rice Protein is a complex carbohydrate, a natural component of the rice. This amount is very minimal. No sugars have been added.

What organic certification does the Organic Rice Protein have? - It is certified organic by CCOF: California Certified Organic Farmers.

What type of kosher certification does this product have? - It is Orthodox Union certified.

Is this a complete protein? - Is the organic Rice Protein considered a complete protein? - The term "complete protein" refers to a source of protein that contains all nine essential amino acids in adequate proportions. Our Organic Rice Protein contains these nine amino acids, plus many other nonessential amino acids, but does not meet the required proportions of histidine (in the Vanilla and Chocolate flavors) and lysine (in all flavors), or threonine (in the Chocolate flavor). All of the amino acids in our Rice Protein are naturally occurring components of the rice. We have added nothing to our product. Persons on restrictive diets would do well to consult their health care practitioner or nutritionist before adopting or rejecting the use of our Rice Protein. We cannot recommend the use of our product to treat conditions other than hunger.

What is the amino acid profile? - Please see the list below:

Naturally Occurring Amino Acids Per Serving of the Plain* (mg):

Alanine 690	Histidine [†] 270	Proline 555
Arginine 975	Isoleucine [†] 525	Serine 600
Aspartic Acid 1065	Leucine [†] 1035	Threonine [†] 435
Cystine 270	Lysine [†] 360	Tryptophan [†] 165
Glutamic Acid 2160	Methionine [†] 345	Tyrosine 615
Glycine 540	Phenylalanine [†] 660	Valine [†] 735

What is the Protein Efficiency Ratio (PER) of your Rice Protein? - The Protein Efficiency Ratio (PER) is the measure of actual protein available for the body to use. This PER is related to the percentage of the protein digested by the body. With Rice Protein, after 4 hours better than 80% of the protein has been digested, compared to only about 57% for soy. The actual PER number of Rice Protein is 2.75. Egg is the highest at 3.99, milk is second with 3.45, rice third, and soy is last with a PER of 2.32.

Is the Organic Rice Protein an isolate or concentrate? - It is a concentrate.

Is the Organic Rice Protein hydrolyzed? - No, it is not hydrolyzed.

Why does this product contain the California Proposition 65 warning? - Our Organic Rice Protein does contain a small amount of lead from the ingredients and has recently been less than 1.5 mcg/serving, which is over the 0.5 mcg/serving allowed by Prop. 65. The amount is far below the FDA allowable levels for lead, which allows up to 75 mcg for adults per day.

What can the Organic Rice Protein be mixed with? - It may be mixed with water, plant milk, or juice by shaking or blending. Or, you may add it to your favorite smoothie or recipe!

Should the Organic Rice Protein be stored in the refrigerator? - We do not recommend storing it in the refrigerator as it may draw dampness. We suggest storing it in a cool, dry location such as a cupboard.

*This is the typical amino acid profile for the Plain. The Vanilla and Chocolate contain slightly less and may be viewed at http://www.nutribiotic.com/Organic-Rice-Protein.html





nutribiotic.com | 800.225.4345

PLAIN ORGANIC RICE PROTEIN

Nutrition Facts 40 servings per container Serving size 2 tbsp. (15g) Calories Total Fat 0g 0% Saturated Fat 0g 0% Trans Fat 0g Cholesterol 0mg 0% Total Carbohydrate 2g <1% Dietary Fiber 1g 4% Total Sugars <1g Includes 0g Added Sugars 0% Protein 12g Iron 1mg 6% Phosphorus 60mg 4% Manganese 585mcg 25% Not a significant source of Vitamin D, Potassium, or Calcium The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000

INGREDIENTS: organic rice protein

calories a day is used for general nutrition advice

VANILLA ORGANIC RICE PROTEIN

Nutrition Fac	ts
40 servings per container Serving size 2 tbsp. (1	
Amount per serving Calories	0
% Daily \	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Total Carbohydrate 2g	<1%
Dietary Fiber 1g	4%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 12g	
Iron 1mg 6% Phosphorus 50m	ıg 4%
Manganese 585mcg 25%	
Not a significant source of Vitamir Potassium, or Calcium	n D,
* The % Daily Value (DV) tells you how much a	nutrient

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. INGREDIENTS: organic rice protein and organic natural flavors

CHOCOLATE ORGANIC RICE PROTEIN

Nutrition Facts	<u>\$</u>
About 41 servings per containe Serving size 2 tbsp. (16g	
Serving size 2 tbsp. (10g	4
Amount per serving	-
Calories 60	<u>)</u>
% Daily Value	*
Total Fat 0g 0%	6
Saturated Fat 0g 0%	6
Trans Fat 0g	_
Cholesterol 0mg 0%	6
Total Carbohydrate 2g <1%	6
Dietary Fiber 1g 49	6
Total Sugars <1g	_
Includes <1g Added Sugars 0%	6
Protein 11g	_
1 00/ 51 1 50 40	Ļ
Iron 1mg 6% Phosphorus 50mg 4%	6
Manganese 520mcg 20%	_
Not a significant source of Vitamin D, Potassium, or Calcium	
*The % Daily Value (DV) tells you how much a nutrier in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	nt

INGREDIENTS: organic rice protein, organic cocoa powder, and organic natural flavors